



GASTROENTEROLOGY SPECIALISTS, INC.

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Home Care Instructions After Your Procedure

During your procedure you will be given medication that may affect your memory of the day's events. Other normal side effects of the medicine may include confusion, irritability, drowsiness or a drunken-like state. Resting at home is the best way to recover.

Your speech, posture, hand control, and ability to work may be affected for 24 hours. A responsible person needs to drive you home after the procedure, and someone should stay with you for your safety until the effects of the medication have subsided.

- * Do not make any important decisions or sign important documents for 24 hours.
- * Do not drive or operate any machinery for 24 hours.

After your procedure, resume your usual diet unless instructed otherwise by your physician.

Do not drink alcoholic beverages for 24 hours.

If you take blood thinning medication you should ask your physician when it is safe to resume.

If you take prescription medicines on a regular basis, ask your physician which ones you should take after your procedure.

Do not take any muscle relaxants, sedatives, hypnotics or mood altering medicines for 24 hours unless ordered by your physician. If you have pain, you may take over the counter medicines such as Tylenol.

Call your physician if you have any of the following symptoms after your procedure:	
<ul style="list-style-type: none">• Blue Skin• Unable to Arouse• Bleeding	<ul style="list-style-type: none">• Difficulty Breathing• Pain Not Relieved by Medicine• Fever or Chills

GSI Phone Number: (918) 940-8500