



After Your Procedure

After your procedure, please note the following instructions:

1. Try sips of water. If tolerated, you may resume your regular diet or the diet recommended by your physician following your procedure.
2. Do not consume alcoholic beverages for 24 hours.
3. Do not drive, operate machinery, make critical decisions, sign documents, or perform activities that require coordination or balance for 24 hours following your procedure.
4. If you had a colonoscopy, air was placed in your colon during the procedure; expelling large amounts of air (gas) is normal.
5. Due to your preparation, you may not have a bowel movement for 1 to 3 days; this is normal.
6. If you had a polypectomy or biopsy, eat a soft, low fiber diet for 1 to 2 days.
7. Go directly to the emergency room if you notice any of the following:

Severe chest pain	Persistent vomiting
Black, tarry stools	Chills and/or fever over 101°
Any bleeding exceeding one tablespoon	Severe abdominal pain other than gas cramps
8. Please carefully follow any instructions regarding anti-coagulation medications given to you by your physician following your procedure.
9. Unless otherwise instructed, you may continue your current medications and return to normal activities tomorrow.

If you have any questions or concerns, please call our office:

(918) 940-8500

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